February 2018 LMS & CHS Grab & Go Breakfast Menu



Mon	Tue	Wed	Thu	Fri
			1	2
Families may apply for Free			Pop Tart & Muffin	Cereal Bar & Pop Tart
& Reduced meals any time			Fruit	Fruit
during the school year.			Juice	Juice
			Milk	Milk
5	6	7	8	9 Cereal Bar &
Muffin & Graham Cracker	Pop Tart & Graham Cracker	Cereal Bar & Graham Cracker	Pop Tart & Graham Cracker	Graham Cracker
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
12	13 Cereal Bar &	14 Muffin &	15 Graham Cracker &	16 Muffin &
Pop Tart & Graham Cracker	Graham Cracker	Graham Cracker	Backpackers	Graham Cracker
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
19 Muffin &	20 Graham Cracker &	21 Muffin &	22 Cereal Bar &	23 Pop Tart &
Graham Cracker	Backpackers	Graham Cracker	Graham Cracker	Graham Cracker
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
26 Backpackers &	27 Cereal Bar &	28 Pop Tart &		
Graham Cracker	Graham Cracker	Graham Cracker	Menus are subject to	"USDA is an equal
Fruit	Fruit	Fruit	change.	opportunity provider
Juice	Juice	Juice		and employer."
Milk	Milk	Milk		mproj vri