

January 2019

CHS Lunch Menu



Mon	Tue	Wed	Thu	Fri
Families may apply for Free & Reduced meals any time during the school year.	¹ Schools	² Closed	³ Meatballs or Corn Dog Green Beans Sweet Potatoes Fruit, Roll & Milk	⁴ Fish Nuggets or Grilled Chicken Patty Cole Slaw Baked Beans Fruit, Roll & Milk
⁷ Hot Dog or Chuckwagon Patty French Fries Carrots Fruit, Roll & Milk	⁸ Spaghetti or Fish Portion Tossed Salad Corn Fruit, Texas Toast & Milk	⁹ Chicken Tenders or Sliced Ham Creamed Potatoes Green Beans Fruit, Roll & Milk	¹⁰ Barbecue or Chicken Quesadilla Pizza Baked Beans California Blend Fruit, Bun & Milk	¹¹ Philly Wafer Steak or Chicken Stir Fry Broccoli Potato Rounds Fruit, Roll & Milk
¹⁴ Sliced Ham or General Tso's Chicken Stir Fry Vegetables/Rice Corn Fruit, Roll & Milk	¹⁵ Pizza or Chicken Patty Carrots Potato Rounds Fruit, Roll & Milk	¹⁶ Pork Rib Patty or Sliced Turkey Green Beans Potato Wedges Fruit, Roll & Milk	¹⁷ Salisbury Steak or Country Pork Chop Creamed Potatoes Green Peas Fruit, Roll & Milk	¹⁸ Chili or Cheese Quesadilla Pizza Baked Potato Turnip Greens Fruit, Roll & Milk
²¹ Popcorn Chicken or Sliced Ham Carrots Green Peas Fruit, Roll & Milk	²² Barbecue or Sliced Turkey Cole Slaw Baked Beans Fruit, Roll & Milk	²³ Country Pork Chop or Chicken Tenders Creamed Potatoes California Blend Fruit, Roll & Milk	²⁴ Cheeseburger & Bun or Corn Dog Nuggets Green Beans Potato Wedges Fruit & Milk	²⁵ Pizza or Fish Nuggets Broccoli Corn Fruit, Roll & Milk
²⁸ Pizza Crunchers or Corn Dog Potato Wedges Turnip Greens Fruit & Milk	²⁹ Chicken Salad or Pizza Casserole Corn Green Peas Fruit, Roll & Milk	³⁰ Grilled Chicken Patty or Buffalo Bites Sweet Potatoes Green Beans Fruit, Roll & Milk	³¹	Menus are subject to change. "USDA is an equal opportunity provider and employer."