

# January 2019

## LMS & CHS Grab & Go Breakfast Menu



Mon	Tue	Wed	Thu	Fri
<p>“USDA is an equal opportunity provider and employer.” Menus are subject to change.</p>	<p>1 <b>Schools Closed</b></p>	<p>2 <b>Closed</b></p>	<p>3 Cereal Bar &amp; Pop Tart Fruit Juice Milk</p>	<p>4 Muffin (lg.) Fruit Juice Milk</p>
<p>7 Hadley Farms Cinnabar Fruit Juice Milk</p>	<p>8 Muffin (lg.) Fruit Juice Milk</p>	<p>9 Cereal Bar &amp; Graham Crkr. Fruit Juice Milk</p>	<p>10 Muffin (lg.) Fruit Juice Milk</p>	<p>11 Cereal Bar &amp; Backpackers Fruit Juice Milk</p>
<p>14 Cereal Bar &amp; Sm. Muffin Fruit Juice Milk</p>	<p>15 Cereal Bar &amp; Pop Tart Fruit Juice Milk</p>	<p>16 Cereal Bar &amp; Backpackers Fruit Juice Milk</p>	<p>17 Cereal Bar &amp; Pop Tart Fruit Juice Milk</p>	<p>18 Cereal Bar &amp; Pop Tart Fruit Juice Milk</p>
<p>21 Hadley Farms Cinnabar Fruit Juice Milk</p>	<p>22 Muffin (lg.) Fruit Juice Milk</p>	<p>23 Cereal Bar &amp; Pop Tart Fruit Juice Milk</p>	<p>24 Muffin (lg.) Fruit Juice Milk</p>	<p>25 Backpackers &amp; Gr. Crkr. Fruit Juice Milk</p>
<p>28 Cereal Bar &amp; Muffin (sm.) Fruit Juice Milk</p>	<p>29 Cinnabar Fruit Juice Milk</p>	<p>30 Muffin (lg.) Fruit Juice Milk</p>	<p>31 Cereal Bar &amp; Pop Tart Fruit Juice Milk</p>	<p><b>Families may apply for Free &amp; Reduced meals any time during the school year.</b></p>