

# October 2018

## CHS Lunch Menu



Mon	Tue	Wed	Thu	Fri
1 Beef Nuggets or Fish Nuggets California Blend Potato Rounds Fruit, Roll & Milk	2 Chicken Tenders or Meatballs Turnip Greens Corn Fruit, Roll & Milk	3 BBQ Chicken or Sliced Ham Green Beans Creamed Potatoes Fruit, Roll & Milk	4 French Bread Pizza or Corn Dog French Fries Carrots Fruit, Bun & Milk	5 Pork Chop Patty or Grilled Chicken Patty Green Peas Sweet Potato Fries Fruit, Roll & Milk
8 Cheeseburger or Sliced Turkey Green Beans Potato Rounds Fruit, Roll & Milk	9 Corn Dog Nuggets or Chicken Quesadilla Pizza Carrots Green Peas Fruit & Milk	10 Pork Rib Patty or Popcorn Chicken Green Peas Corn Fruit, Roll & Milk	11 Chuckwagon or Baked Chicken Creamed Potatoes Broccoli Fruit, Roll & Milk	12 Barbecue or Fish Portion Sweet Potato Waffle Fries Baked Beans Fruit, Roll & Milk
15 Pizza Crunchers or Hot Dog w/ bun Potato Rounds Green Beans Fruit & Milk	16 Fish Nuggets or General Tso's Chicken Turnip Greens Corn Fruit, Roll & Milk	17 Chicken Fajitas or Spicy Chicken Patty Carrots Sidewinder Potatoes Fruit, Roll & Milk	18 Sliced Turkey or Pork Chop Patty Potato Wedges Baked Beans Fruit, Roll & Milk	19 Cheeseburger or Chicken Salad Green Peas Sweet Potatoes Fruit, Roll & Milk
22 Tacos & Chips Chicken Quesadilla Pizza Tossed Salad Potato Wedges Fruit & Milk	23 Chicken Tenders or Meatballs Creamed Potatoes Broccoli Fruit, Roll & Milk	24 Spaghetti or Grilled Chicken Patty Sidewinder Potatoes Carrots Fruit, Roll & Milk	25 Tuna Salad or Popcorn Chicken Corn Baked Beans Fruit, Roll & Milk	26 Chili or Sliced Ham & Cheese Green Beans Sweet Potato Waffle Fries Fruit, Roll & Milk
29 Sliced Turkey or Cheeseburger Turnip Greens Potato Wedges Fruit, Roll & Milk	30 Fish Portion or Spicy Chicken Patty Sidewinder Potatoes Baked Beans Fruit, Roll & Milk	31 Pork Chop Patty or Beef Spanish Rice Cabbage Sweet Potatoes Fruit, Roll & Milk	<b>Menus are subject to change.</b>	<i>"USDA is an equal opportunity employer and provider."</i>