

# October 2018

## LMS & CHS Breakfast Menu



Mon	Tue	Wed	Thu	Fri
1 Pancake Bites or Cereal & Pop Tart Fruit Juice Milk	2 Breakfast Pizza or Cereal & Muffin Fruit Juice Milk	3 Donut Holes or Cereal & Pop Tart Fruit Juice Milk	4 Apple Frudel or Cereal & Graham Crkrs. Fruit Juice Milk	5 Cereal & Muffin or Scrambled Eggs & Toast Fruit Juice Milk
8 Dutch Waffle or Cereal & Muffin Fruit Juice Milk	9 Donut Holes or Cereal & Gr. Crackers Fruit Juice Milk	10 Breakfast Pizza or Cereal & Toast Fruit Juice Milk	11 Cinnamon Roll or Cereal & Yogurt Fruit Juice Milk	12 Cereal & Muffin or Scrambled Eggs & Toast Fruit Juice Milk
15 Cereal & Toast or Mini Breakfast Bites Fruit Juice Milk	16 Breakfast Pizza or Cereal & Pop Tart Fruit Juice Milk	17 Cereal & Yogurt or Sausage Pancake Stick Fruit Juice Milk	18 Dutch Waffle or Cereal & Toast Fruit Juice Milk	19 Mini Cinnis or Cereal & Gr. Crackers Fruit Juice Milk
22 Cinnamon Roll or Cereal & Yogurt Fruit Juice Milk	23 Breakfast Pizza or Cereal & Toast Fruit Juice Milk	24 Cereal & Yogurt or Breakfast Bltes Fruit Juice Milk	25 Cereal & Toast or Dutch Waffle Fruit Juice Milk	26 Cereal & Muffin or Pancake Sausage Stick Fruit Juice Milk
29 Pancake Bites or Cereal & Pop Tart Fruit Juice Milk	30 French Toast Sticks or Cereal & Toast Fruit Juice Milk	31 Apple Frudel or Cereal & Muffin Fruit Juice Milk	<b>Menus are subject to change.</b>	<i>“USDA is an equal opportunity employer and provider.”</i>