


September 2018

LMS & CHS Breakfast Menu



Mon	Tue	Wed	Thu	Fri
 Schools Closed	4 Cereal & Toast or Sausage Pancake Wrap Fruit Juice Milk	5 Cereal & Muffin or French Toast Bites Fruit Juice Milk	6 Cereal & Pop Tart or Cinnamon Roll Fruit Juice Milk	7 Cereal & Yogurt or Breakfast Pizza Fruit Juice Milk
10 Cereal & Toast or Scrambled Eggs & Toast Fruit Juice Milk	11 Cereal & Yogurt or Cherry Frudel Fruit Juice Milk	12 Cereal & Muffin or Cinnamon Roll Fruit Juice Milk	13 Cereal & Toast or Pancake Bites Fruit Juice Milk	14 Cereal & Pop Tart or Breakfast Pizza Fruit Juice Milk
17 Cereal & Pop Tart or Pancake Bites Fruit Juice Milk	18 Cereal & Muffin or Breakfast Pizza Fruit Juice Milk	19 Cereal & Pop Tart or Donut Holes Fruit Juice Milk	20 Cereal & Gr. Crackers Or Apple Frudel Fruit Juice Milk	21 Cereal & Muffin or Scrambled Eggs & Toast Fruit Juice Milk
24 Cereal & Yogurt or Breakfast Pizza Fruit Juice Milk	25 Cereal & Muffin or Dutch Waffle Fruit Juice Milk	26 Cereal & Muffin or Bacon & Biscuit Fruit Juice Milk	27 Cereal & Pop Tart or Cherry Frudel Fruit Juice Milk	28 Cereal & Toast or Pancake Bites Fruit Juice Milk
“USDA is an equal opportunity provider and employer.”		Menus are subject to change.		Families may apply for Free & Reduced meals at any time during the school year.