

October 2017
LMS & CHS Breakfast Menu



Mon	Tue	Wed	Thu	Fri
2 Cereal & Muffin or Pancakes Fruit Juice Milk	3 Breakfast Pizza or Cereal & Toast Fruit Juice Milk	4 Mini Cinnis or Cereal & Pop Tart Fruit Juice Milk	5 Apple Frudel or Cereal & Backpackers Fruit Juice Milk	6 Cereal & Yogurt or Sausage Pancake Stick Fruit Juice Milk
9 Pancakes or Cereal & Graham Cracker Fruit Juice Milk	10 Cherry Frudel or Cereal & Toast Fruit Juice Milk	11 Cereal & Pop Tart or Chicken Biscuit Fruit Juice Milk	12 Breakfast Pizza or Cereal & Toast Fruit Juice Milk	13 Cereal & Muffin or Mini Cinnis Fruit Juice Milk
16 Cereal & Toast or French Toast Sticks Fruit Juice Milk	17 Apple Frudel or Cereal & Yogurt Fruit Juice Milk	18 Cereal & Muffin or Breakfast Pizza Fruit Juice Milk	19 Cereal & Toast or Pancake Sausage Stick Fruit Juice Milk	20 Cereal & Pop Tart or Mini Cinnis Fruit Juice Milk
<i>Schools Closed</i>	24 Breakfast Pizza or BC Oatmeal Bar & Pop tart Fruit Juice Milk	25 French Toast Sticks or Cereal Bar & Backpackers Fruit Juice Milk	26 Chicken Biscuit or Cereal & BC Oatmeal Bar Fruit Juice Milk	27 Donut Holes or Cereal & Muffin Fruit Juice Milk
30 Cereal & Toast or Breakfast Pizza Fruit Juice Milk	31 Apple Frudel or Cereal & Muffin Fruit Juice Milk	"USDA is an equal opportunity provider and employer."	Menus are subject to change.	Families may apply for Free & Reduced meals any time during the school year.